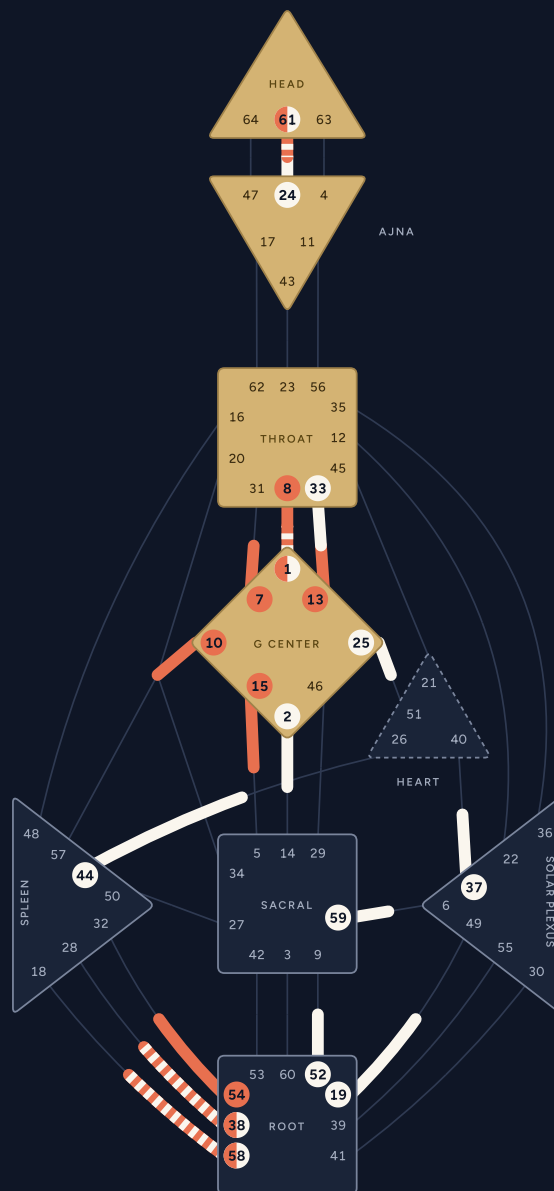


Clara

May 3, 1990 · 11:06 AM · Stuttgart

Projector · Profile 6/2 · Role Model and Hermit



Your data

DESIGN

unconscious

- ☉ 13.2
- ⊕ 7.2
- ♊ 13.4
- ♋ 7.4
- ♌ 8.4
- ♍ 54.5
- ♎ 61.1
- ♏ 10.6
- ♐ 15.4
- ♑ 54.5
- ♒ 58.5
- ♓ 38.5
- ♈ 1.5

PERSONALITY

conscious

- ☉ 24.6
- ⊕ 44.6
- ♊ 19.5
- ♋ 33.5
- ♌ 59.1
- ♍ 2.1
- ♎ 25.1
- ♏ 37.4
- ♐ 52.4
- ♑ 61.5
- ♒ 58.6
- ♓ 38.6
- ♈ 1.4

TYPE

Projector

STRATEGY

Wait for the Invitation

AUTHORITY

Self-Projected

PROFILE

6/2 · Role Model and Hermit

DEFINITION

Wide Split

SIGNATURE

Success

NOT-SELF

Bitterness

DEFINED CENTERS

Head, Ajna, Throat, G Center

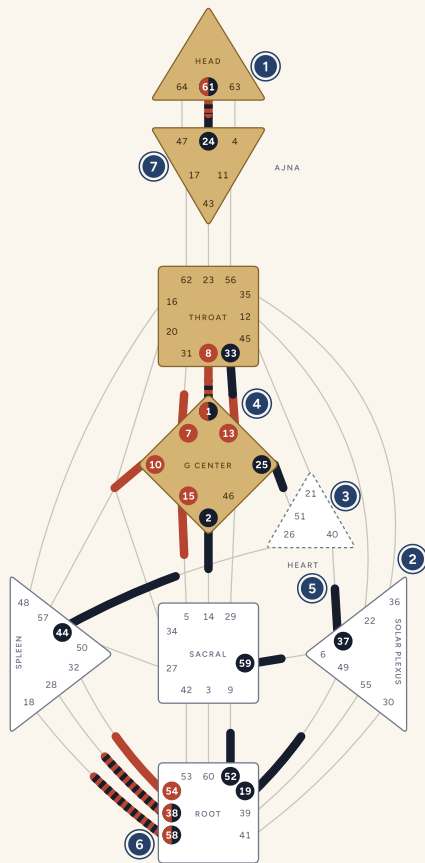
CHANNELS

1-8 · 13-33 · 24-61

BIRTH TIME STABLE Your Type, Authority, Profile, Definition, and centers stay the same even if your birth time is off by up to 15 minutes.

How to read your bodygraph

The blue numbers in the picture match the list. Each entry shows an example from your chart.



- ① **Defined center:** filled with color. In your chart, for example: [Head](#).
- ② **Undefined center:** no fill, with at least one activated gate. In your chart, for example: [Solar Plexus](#).
- ③ **Open center:** no fill, a dashed outline, and no activated gate. In your chart, for example: [Heart \(Ego\)](#).
- ④ **Channel:** the connection between two centers. A defined channel is thick all the way through; a channel with no activated gate is a thin line. In your chart, for example: [13-33](#) between the G Center and the Throat.
- ⑤ **Hanging gate:** a single activation. Only the half of the channel at this gate is thick; the gate at the other end is not activated. In your chart, for example: [Gate 37](#) in the Solar Plexus.
- ⑥ **Activated gate:** The number sits on a dot:
 - Personality (conscious),
 - Design (unconscious), ● split for both. Small numbers without a dot are gates that are not activated in your chart. In your chart, for example: [Gate 58](#) (both).
- ⑦ **Gate and line:** [“24.6”](#) means Gate 24, Line 6. This is how your conscious Sun appears in the “Personality” column on the “Your data” page; the picture shows only the gate’s number.

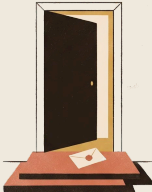
What these terms mean is explained under [“Key Terms at a Glance”](#).



What matters most about you

You are a Projector with Self-Projected Authority, and your profile is 6/2.

AT A GLANCE

 <p>TYPE Projector</p> <p>Page 9</p>	 <p>STRATEGY Wait for the Invitation</p> <p>Page 11</p>	 <p>AUTHORITY Self-Projected</p> <p>Page 12</p>
 <p>PROFILE 6/2 · Role Model and Hermit</p> <p>Page 20</p>	 <p>DEFINITION Wide Split</p> <p>Page 25</p>	<p>SIGNATURE Success</p> <p>NOT-SELF Bitterness</p> <p>Page 9</p>

1 How you decide

WHY THIS APPLIES TO YOU

Projector · Wait for the Invitation · Authority: Self-Projected

When an invitation comes, you say the possibility out loud, either to someone who simply listens or on your own, and you notice which sentence sounds like you. If someone invites you to move to another city for a new role, you talk it through in one of these ways and pay attention to what you yourself say.

[More in the "Deciding" section](#)

2 Your energy

WHY THIS APPLIES TO YOU

Sacral: undefined

Your Sacral Center is not defined. That means steady energy for work over many hours is not your yardstick, regardless of whether other motors are defined in your chart. Human Design sees your strength in recognizing and guiding others. The tension: around high-energy people, you can feel stronger than your own energy really allows. For example, after a day with people who are constantly wired, you feel full of energy at first and drained later on. And even a yes that feels right says nothing yet about how much energy you have for it, so plan its scope with breaks built in.

[More in the "Centers and gates" section](#)

3 How your chart fits together

WHY THIS APPLIES TO YOU

Wide Split · In your chart, Heart (Ego), Solar Plexus, Sacral, Spleen, and Root are open or undefined; described here are Heart (Ego) and Solar Plexus.

No single gate is enough to bridge your two defined areas, and the two parts can at times feel like two sides of you. Your two areas of definition: Head and Ajna · Throat and G Center.

Heart (Ego): Your sense of self-worth doesn't depend on fixed willpower, and the teaching doesn't see worth as something you earn through achievement.

Solar Plexus: You take in other people's feelings and can amplify them; over time, you can learn to recognize them as not your own.

[More in the "Definition" section](#)

PROFILE

Your Profile combines perspective and high standards with a need for retreat and for being called.

LIFE THEME

Your life theme is incarnation: embracing your own physical life and recognizing the connections along your own life path.

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Before You Begin

This report describes your chart according to the rules of the Human Design system. We calculated it from your date, time and place of birth, for two moments in time. The first is the moment you were born. The second falls just under three months earlier, when the Sun was exactly 88 degrees further back along its path. Together, these two moments produce the 26 activations in your bodygraph.

Human Design is a system of interpretation. No scientific study backs up its claims, and you don't have to believe any of it. Read this report as a collection of interpretations you can test against your everyday life. Keep what fits you, and feel free to set the rest aside.

The core comes first: your Type, your Strategy and your Authority. In Human Design, these are the foundation for everything else. The sections on centers, gates and lines are meant for reference, so you can read them later at your own pace. Right after the decision guide, you'll find small experiments for the coming weeks and a log where you can record what you notice. Don't try to take them all on at once.



1

TYPE

Projector

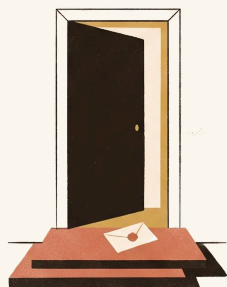
As a Projector, you aren't built for sustained output, regardless of whether your bodygraph shows defined motors. What matters is how you use energy. Roughly one in five people belongs to this Type.

Human Design sees the strength of this Type in recognizing, guiding and coordinating the energy of others. To do that, this Type needs other people, especially Generators and Manifestors. Out of this dependence, a fine-tuned understanding of the people around you can grow.

The Strategy is to wait for invitations when it comes to the big turning points. What counts as an invitation is described in the section on Strategy.

You can charge yourself up on other people's energy and then feel stronger than you really are. Over time, this can wear down your reserves. That's why it's considered fitting to go to bed before tiredness sets in and to have regular time to yourself. One helpful question here: How can you reach a similar result with less effort?

The Not-Self theme of the Projector is Bitterness: the feeling of being overlooked and of having to prove yourself. Its counterpart is called Success. In this view, that means that what suits you finds its way to you.



2

STRATEGY

Wait for the Invitation

The Projector's Strategy is to Wait for the Invitation when it comes to the big turning points. An invitation counts when someone has truly noticed you and is responding to your actual qualities. A compliment on how you present yourself is something else.

In one reading, it doesn't have to be formal and can also be tucked into a question or a passing remark; even then, what counts is that it speaks to your qualities. You don't accept it out of gratitude, but only once everything fits, ideally on your own terms.

In everyday life, unsolicited advice is easily met with rejection, because in that moment the Projector's aura presses into the other person's field. So you tend to share your insight when someone asks for it. In this view, the path leads from Bitterness to Success.



3

AUTHORITY

Self-Projected Authority

In your chart, the G Center is connected to the Throat, no motor is defined, and you are a Projector. Roughly two to three percent of people have this Authority. It shows up as a subtle sense of your own direction: a knowing without reasons, more of a “This is the way” than a thought, and for that reason easy to dismiss as vague.

It can become audible as you speak. You can say a concrete option out loud in front of someone who listens without steering or advising you, and pay attention to what you yourself are saying: Which sentence sounds like you? Or you can go for a walk alone and say out loud whatever comes to mind. This speaking is for you, so you can hear yourself. It is something other than the sharing of an insight that some gate and channel texts talk about, and it doesn't need anyone asking for your opinion. At the same time, many people feel what fits in the middle of the chest, as a gentle pull.

The signal is delicate and easy to miss, especially when other people's moods, other people's energy or your own mind cut in. The task of this Authority is to give direction when you are invited; knowing your own direction helps with that.

Since no motor is defined in your chart, energy may often be a recurring theme for you. Energy has no voice in decisions, and other people's energy is not your own.



4

DECIDING

Your Decision Guide

As a Projector with Self-Projected Authority, you decide through your own voice, and the invitation sets the frame.

- 1 For big decisions, wait for the invitation.** It should come from someone who is responding to your qualities, not just the way you come across.
- 2 Say the possibility out loud.** For example, in front of a person who listens without steering or giving advice, or on your own during a walk, out loud, because otherwise your head gets in the way. Both are suggestions, not rules.
- 3 Listen to yourself.** Which sentence sounds like you? The teaching also describes this signal as a quiet pull in the middle of the chest; it is not a second test.
- 4 Accept or decline once your voice is clear.** If it isn't clear yet, you can keep talking it through before you say yes.
- 5 Know your direction even without a particular occasion.** If you are meant to give others direction, it helps to know your own; this is self-observation, not a decision.
- 6 Ask yourself in everyday life: Does this feel inviting?** This question can help you notice early when you are taking on too much.

- 7 **Protect your energy.** Use it sparingly between invitations, and pay attention to your limits and to rest.



5

EXPERIMENTS

Your Experiments for the Next 14 Days

Human Design is a system of interpretation you can test against your everyday life, rather than a belief you have to accept. The experiments below are drawn from your Authority, your Strategy, your Type and your undefined centers.

Pick one of them and try it for 14 days. Right below the list you'll find "Your Observation Log." Each day, write down what situation you were in, what you expected, what you did, what you noticed right away and later on, and what didn't fit. The things that don't fit belong in the log most of all. The report doesn't have to be proven right. If a description still doesn't fit you after this time, you're free to set it aside.

1 SELF-PROJECTED AUTHORITY

For 14 days, notice whether a sentence stands out as feeling more right than the others while you're telling someone something or thinking out loud. Write it down in the evening, and also note when nothing stood out or when the sentence didn't fit later on.

2 WAIT FOR THE INVITATION

For 14 days, pay attention to which requests and remarks leave you feeling seen as a person and which are mainly about how you come across. Each evening, write one sentence about it, and also note when you couldn't tell the difference.

3 PROJECTOR

For 14 days, notice after perfectly ordinary encounters whether you feel more charged up or more drained. Each evening, write down one sentence about it, and also note the times when you couldn't clearly tell, or when it turned out differently than you expected.

4 HEART CENTER, OPEN

In calm everyday moments, notice when you compare yourself with someone, and write down what happened just before. Also note the days when it didn't happen.

5 SOLAR PLEXUS CENTER, UNDEFINED

Notice when your mood shifts around other people, and write down whether it was still there after the encounter. Also keep track of encounters where your mood stayed the same.

6 SACRAL CENTER, UNDEFINED

Notice what time of day your energy starts to drop and when you first become aware of it. Also note any days when your energy follows a different pattern.

Your observation log

One row per day. Also note what didn't fit; that is just as revealing.

Day	Situation where, with whom, what was it about?	Expected what did you think beforehand?	Action what did you do?	Noticed right away, later, the next day	Didn't fit what contradicted the report?
1					
2					
3					
4					
5					
6					
7					
8					

Day	Situation where, with whom, what was it about?	Expected what did you think beforehand?	Action what did you do?	Noticed right away, later, the next day	Didn't fit what contradicted the report?
9					
10					
11					
12					
13					
14					

Wrapping Up the Experiment

At the end, read through your entire log once and answer three questions. What pattern actually showed up? What contradicted your expectations or this report? Is there one small thing you'd like to do differently over the next few weeks? "Nothing" is a valid answer: if the experiment didn't fit, that is a result too.

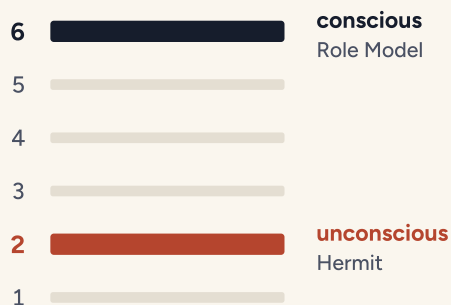


6

PROFILE 6/2

Role Model and Hermit

Being a role model and needing rest: the 6/2 Profile brings two lines together. The first number stands for your conscious side, the Personality, and the second for your unconscious side, the Design. On the conscious side, the sixth line brings perspective, ideals and the aspiration to be a role model; on the unconscious side, the second line needs retreat, quiet and selectivity. Part of this Profile is the tension of seeing what needs to be done while still wanting to be called to it first. Whether and when you act is something you check with your Strategy and Authority.



Farsightedness belongs to this Profile, along with a feel for the bigger picture and for how missing pieces fit together. You set high standards and tend to take everything into your own hands. Beneath that lies a reserve that has you check first whether the effort is worth it. If this goes unnoticed, it can lead you to sidestep your actual task instead of bringing your wisdom out into the world. Too many tasks are a poor fit for this Profile, and a quiet place to recharge is part of what it needs.

The teaching describes the three phases of the sixth line for the 6/2, with turning points roughly around age 30 and age 50; how they unfold is covered in the text on the sixth line directly below. These are approximations, not a forecast. The Profile is called “Hermit as Role Model.”

Line 6: The Role Model

The sixth line stands for the view from above, objectivity and high ideals: you reach beyond what already exists, and the focus is on seeing the bigger picture, from which a sense of direction can emerge. Being a Role Model has nothing to do with straining to be one; it means being genuine. When you live what you are, your influence can unfold on its own.

In the teaching, the sixth line moves through three phases of life. In the first phase, until roughly age 30, you learn much like the third line does, through trial and error, with ruptures and disappointments along the way. The teaching pictures the second phase as a retreat onto the roof, where you watch from a vantage point. Around age 50, in this view, comes the return to the thick of life as a role model, which is seen as a call to be fully genuine. The ages are approximations, not a prediction.

Perfectionism comes easily to this line: if you only start once everything is perfect, you often never get going at all. The temptation lies in staying in the safe spot on the roof. To others, your distance can look like disinterest, even though it comes from your search for something special.

Line 2: The Hermit

The second line stands for a natural, effortless gift that you yourself often barely notice and that others see all the more clearly. Retreat and privacy are considered a basic need, and time alone is seen as indispensable.

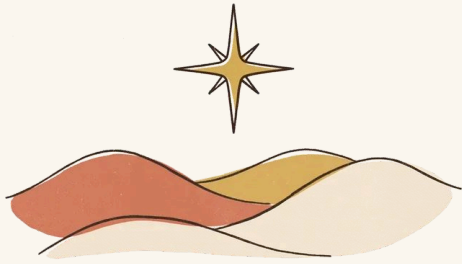
What matters for this line is whether something fits: what doesn't fit leaves you cold, without any drama, and only the right thing draws out your devotion. Your gift often feels more like something you were born with than something you worked hard to learn. Being called is part of this line, and

the call is meant for your gift: when the right call reaches you, the gift comes forward with great power, and without it, the gift often stays hidden. Whether and when you act is something you check with Strategy and Authority.

When others try to tell you what to do with your gift, you feel pressured and can easily end up saying no to everything. It helps to show your boundaries and to let people know briefly when you withdraw, so your retreat isn't read as rejection. In the Not-Self, mistrust and isolation arise, or you stay too long in draining situations out of fear of rejection.

On the Design Side

For you, the second line sits in the second position of your Profile, on the Design side, so it works in a more unconscious way. According to one reading in Human Design, it shows up there as a need of the body: a need for a sheltered place it can retreat to, and a need to be selective. In this view, the body also brings a gift of its own.



7

LIFE THEME

Left Angle Cross of Incarnation

In Human Design, this Left Angle Cross revolves around coming into the body; incarnation is seen as a constant coming and going. Because it sits right before the shift into a new Quarter, it opens your view to the transition and to how past and future are connected.

On this cross, there is often a feeling of having met someone before or of having been somewhere once already. For you, with the Sun in Gate 24, this usually stays vague and can accompany you your whole life. In the imagery of this teaching, the focus is on “fractal” relationships: people on your own geometric line can set a lot in motion in your life, because they point you in a direction that is hard to find any other way. The cross recognizes the connections along the path, is linked with past and future, and recognizes others in a deeper sense. Anchored in Coming to Meet (Personality Earth in Gate 44), in this view it waits for people who turn your path in a new direction, often parents through their children, and such children can become special allies.

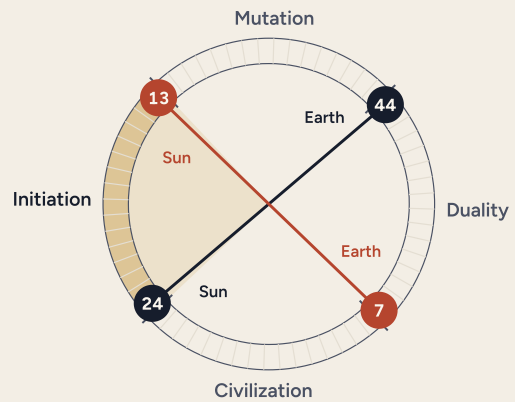
The 6th Line holds the transition into the next Quarter. Incarnation is uncomfortable there, yet the greatest opportunity lies in accepting your own form.

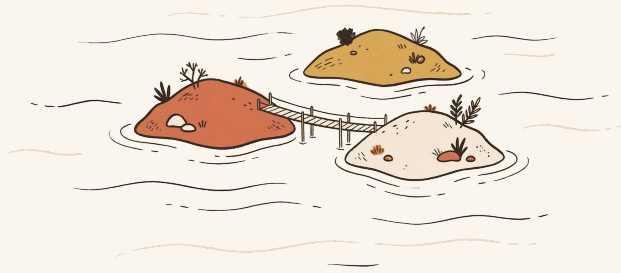
The angle is transpersonal: your theme matures through contact with others, and they can noticeably change your path. You can grow into it by following your Strategy and Authority. It is not a destiny.

Your four gates: Sun **24** and Earth **44** (conscious), Sun **13** and Earth **7** (unconscious). Left Angle: a transpersonal life theme – your profile 6/2 sets this angle.

The 64 gates are divided into four quarters, and this cross comes in two variants, which are counted by quarter.

Yours is variant 1: your conscious Sun is in Gate 24, in the Quarter of Initiation. The crosses of this quarter are about the mind: thinking, learning, and insight.





8

DEFINITION

Wide Split

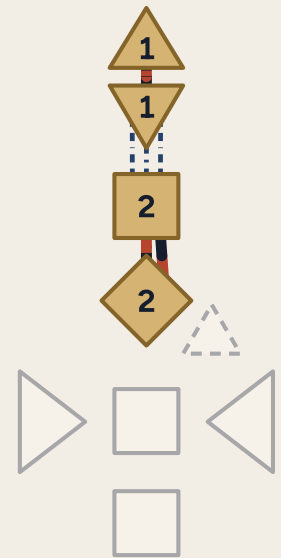
In your chart, the defined centers form two separate areas, and no single gate is enough to bridge them. Some accounts treat this as its own subtype, the Wide Split; others simply call it a split with a larger bridge. What would connect the two areas is shown directly below this text.

The two parts can at times feel like two different sides of you that don't easily understand each other; how they show up depends on which centers sit in each group. If you don't recognize this, you can easily experience these themes as belonging to other people. Both parts belong to you.

Objectivity is considered the gift here: being able to look at the person in front of you without being seduced by a particular bridging gate. This holds a potential for wisdom. Someone bridging your gap is no reason to choose them as a partner. Strategy and Authority remain your measure.

Your two areas of definition: 1 Head and Ajna · 2 Throat and G Center.

No single gate connects your areas. That takes at least two more gates, brought by another person or a transit: Gates 11 and 56 · Gates 17 and 62 · Gates 23 and 43.





9

CHANNELS

Your Channels

A channel is defined when both gates at its ends are activated. It then connects two centers and makes both of them defined. Channels describe qualities that this teaching regards as lasting. You'll find the individual gates later in the report, in the section "Centers and Gates." Here the focus is on what emerges when the two come together.

1-8 The Channel of Inspiration

G Center – Throat

This channel links creative power with leading the way. It stands for going ahead in your own way and, by doing so, giving others a direction. Its effect comes less from persuading people than from your example: from your contribution, your personality, and a way of leading that grows out of authenticity. The principle is to follow what is your own and to show up as different and new while you do. Creativity that only repeats what is already known does not hold up here. Your message is heard mainly when others are open to it. That is why it is considered helpful not to push yourself on people; whether and when you share it is something you check with Strategy and Authority. It can be hard when your wish to show yourself as unique does not always meet with recognition. If you feel misunderstood, you may withdraw or resist inwardly. The sound of your voice can matter too: whether people listen often depends on whether your tone and confidence fit what you are saying.



13-33 The Prodigal (Design of a Witness)

G Center – Throat

This is the channel of the witness: what you experience and take in, you collect and process, and later pass on as experience. The theme includes others confiding their stories in you, sometimes even strangers, and listening belongs to it as well. Wisdom can grow out of what you take in and out of your own experiences, wisdom that can be passed on as advice and guidance. The timing of sharing matters, because not everything wants to come out right away; your Authority can show you when the moment has come. Because you take in a lot, you may need time to process it, and that includes retreat and being alone. This time for yourself is part of the channel.



24–61 The Channel of Awareness (Design of a Thinker)

Ajna – Head

This is a kind of thinking that chases after an inner truth and wants to grasp it with the mind. Thoughts keep circling back to where they started and are hard to stop, which can make it harder to switch off, including at night. Insights come in flashes that you can't always back up: it is rationalizing without proof, a sudden knowing. Quiet, music and deliberately guided thoughts are considered helpful against the pressure, and so is accepting this disposition. One view holds that it is better to put this thinking in the service of others or of society than to get stuck chewing on your own unanswerable questions.





10

CENTERS AND GATES

Your Centers and Gates

Your bodygraph has nine centers. A defined center is colored in on the chart. It works the same way no matter who you're with. A center that stays white on the chart is not defined. It takes in other people's energy and amplifies it, and that is exactly where you can learn a great deal about others over the course of your life.

Even in a center that isn't defined, individual gates can be activated. Many Human Design teachers call such a center undefined, and one with no activated gates at all open. Your gates color an undefined center, but not in a constant way.

A gate is activated when, at one of the two moments in time, the Sun, the Earth, the Moon, a lunar node or a planet was positioned in it. Activations marked in black come from the moment of your birth and are called Personality. You're usually conscious of them. Those marked in red come from the Design, the moment just under three months earlier. They tend to work more unconsciously, and other people often notice them before you do. The number after the dot is the line: Your conscious Sun is at 24.6, so in

Gate 24, Line 6. What your lines mean is described in the section “Your Lines in Detail.”

Some gate and channel texts describe an insight landing more easily when someone asks about it or is open to it. What's meant there is sharing that insight, not how you act; how you act follows your Strategy and Authority.

Head DEFINED

In the teaching, the Head Center creates the urge to pursue questions. It supplies pressure to think rather than ready-made answers, and it is regarded as the place of inspiration.

In your chart, it is defined. Your Head keeps producing ideas, doubts and possibilities. For other people, this can feel stimulating and, at the same time, like a pull to think along with you. The Head is not a motor itself, so the focus here is less on doing and more on vision, insight and the search for meaning.

The teaching advises you to simply listen to the inspiration: answers can't be forced, and not every idea wants to be acted on. The Head is meant to inspire, not to make decisions. That is what Strategy and Authority are there for.



BODY AND WELL-BEING IN THE TEACHING

In the Human Design teaching, the Head Center is linked to the pineal gland. This image presents the Head as the place of inspiration and of the urge to pursue questions.

Well-being impulse: For one week, notice when your Head is full of questions and ideas and when it is quiet.

Human Design is not medicine. What the teaching says about the body and its organs belongs to its symbolic language. It is not a diagnosis, a prediction or treatment advice, and it says nothing about your health. If you have symptoms or health concerns, talk to a doctor.

61 The Gate of Mystery *Inner Truth*

- Saturn 61.5 · conscious

- Venus 61.1 · unconscious

In your chart, this gate is part of the defined Channel 24-61; what the channel means is explained in the Channels section.

Gate 61 is about the inner pressure to reach the truth and to know what is really so. This pressure is aimed at the unknown and wants to explore the mystery, all the way to the absolute. It can turn into inspiration, insights that are entirely your own.

Understanding often arrives all at once, without a chain of reasoning, and it tends to come when you are quiet inside. With this gate you look for a standard that separates what is genuine from what is not; some of your insights reach beyond the moment and beyond the individual. It gets difficult when the compulsion to find answers takes over your thinking. It helps to tell fruitful questions from fruitless ones and not to insist on solving the mystery at any cost. The pressure to know stays with you for a whole lifetime, and its potential is stillness. The harmonic Gate 24 turns it into mental processing.

Ajna DEFINED

In this teaching, the Ajna is an awareness center with no motor of its own. This is where impressions and the pressure coming from the Head get processed into ideas, opinions and convictions.

In your chart, it is defined. The way you think and sort information is fixed and consistent. That is why taking on a completely different perspective can be hard for you. The theme here is winning others over to concepts and making abstract things accessible. The same knowledge can also put pressure on other people, though.

The temptation of a defined Ajna is letting your thinking become too powerful, forcing certainty, or handing personal decisions over to the mind. It can also be hard to win someone with a defined Head and Ajna over to a new view.



BODY AND WELL-BEING IN THE TEACHING

The teaching links the Ajna to the pituitary gland. The Ajna is where impressions get sorted and shaped into thoughts and opinions.

Well-being prompt: For one week, notice at which times of day your mind tends to feel clear and at which times it tends to feel more crowded.

Human Design is not medicine. What the teaching says about the body and its organs belongs to its symbolic language. It is not a diagnosis, a prediction or treatment advice, and it says nothing about your health. If you have symptoms or health concerns, talk to a doctor.

ACTIVATED GATES IN THIS CENTER

24 The Gate of Rationalization *The Return (The Turning Point)*

● Sun 24.6 · conscious

In your chart, this gate is part of the defined Channel [24–61](#); what the channel means is explained in the Channels section.

Your thoughts circle the same theme until it takes on a sensible shape. Gate 24 stands for this kind of rationalizing. Out of all that circling, a real insight can emerge, one that brings a new direction and refreshes the way you see life. The point is to make something new understandable so you can pass it on. The hard part is brooding. You go around the same thoughts and hold on to familiar ways of seeing things, and you end up running in place. Staying open to what is new helps. This rationalizing is a risk and a test, because it is backed neither by logical proof nor by gathered experience. Old thought patterns often grow stronger one more time before a change. The harmonic Gate 61 connects the circling with the unfathomable, which gives you the makings of a thinker.

Throat DEFINED

In the teaching, the Throat is the place where your inner life shows itself outwardly through speaking and acting.

In your chart, it is defined. The way you speak and express yourself is consistent. This is also about being heard and making something happen. How your expression sounds, and whether it pushes more toward words or toward action, depends on which centers your Throat is connected to; your connections are listed directly below this text.



Around you, people with an undefined Throat often talk more than they otherwise would. Noticing this and kindly setting limits on it is part of this theme. Here too, Strategy and Authority lead, not the Throat's urge, and the impact depends on the right timing.

In your chart, the Throat is connected through Channels [1-8](#) and [13-33](#) to the G Center; what each of these channels expresses is covered in the "Channels" section.

BODY AND WELL-BEING IN THE TEACHING

In the teaching, the Throat is linked to the thyroid and parathyroid glands. There it stands for voice and expression, meaning the moment when something inside you becomes audible or visible.

Well-being prompt: For one week, notice when your voice sounds effortless and when it feels strained, and who you happen to be talking to at the time.

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ACTIVATED GATES IN THIS CENTER

8 The Gate of Contributing and Supporting *Holding Together*

● Moon 8.4 · unconscious

In your chart, this gate is part of the defined Channel [1-8](#); what the channel means is explained in the Channels section.

Gate 8 is about what you contribute and the possibilities it reveals. You show others the way forward, and your new approach can run into resistance. You lead by example: you go first, and whoever wants to can come along. Along the way, you may come to feel misunderstood and alone. With this gate, you keep going on your own even when no one follows, and it is precisely this that makes it stand for opening new horizons for the community. Your contribution also needs to be genuine and to come at the right time; you check when to step forward with your Strategy and Authority. Gate 8 stands for what is new, not for imitation: if people push you to repeat yourself after a first success, your own expression can get lost. Together with its harmonic gate, Gate 1, this gate forms a pairing of artist and agent: what Gate 1 creates is carried out into the world here as an example.

33 The Gate of Privacy *The Retreat*

● South Node 33.5 · conscious

In your chart, this gate is part of the defined Channel [13–33](#); what the channel means is explained in the Channels section.

A time of distance, when what you have lived through gets processed: Gate 33 stands for retreat. You have experiences, then step back, and afterward pass on what you learned from them so that others can learn from what happened. Retreat has to do with privacy and with cycles: something new only begins once what has ended has been quietly reflected on. This gate is one of the storytelling gates; its stories are sober, brief and drawn from real-life experience. Retreat can give you strength and clarity about what your experiences have taught you. The gate is also said to hold value for the community: experience that gets told keeps alive what earlier generations learned. Whether you speak or stay silent is above all a question of timing. This gate forms a pair with its harmonic gate, Gate 13: Gate 13 takes in secrets, and Gate 33 puts experience into words.

G Center **DEFINED**

In the teaching, the G Center is the center of identity, life direction and love.

In your chart, it is defined. Your identity and direction are steady, and they stay that way as your surroundings change. A defined G Center also stands for drawing others in and giving them something to hold on to, especially people with an undefined or open G Center, to whom it can show a direction. The theme here is encouraging others and offering orientation.

A defined G Center easily becomes an anchor for people who currently have no direction. One reading cautions that this can lead to people gathering around you who simply follow your direction.



BODY AND WELL-BEING IN THE TEACHING

In the teaching, the G Center is associated with the liver. The liver serves as an image for the place where experiences are filtered.

Well-being prompt: Pay attention to the places where you feel aligned and centered in yourself. Also note places where you don't notice any difference.

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ACTIVATED GATES IN THIS CENTER



The Gate of Self-Expression *The Creative*

● Pluto 1.4 · conscious

● Pluto 1.5 · unconscious

In your chart, this gate is part of the defined Channel [1-8](#); what the channel means is explained in the Channels section.

Gate 1 stands for a creative force that wants to be expressed. It follows its own path and comes out of your inner process. You often like working alone; what should count is the act of creating itself, rather than payment or applause. In this view, a work that gets noticed can show others a new direction. The effect comes about indirectly, through what is new in the work itself, and not through you orienting yourself toward others. Typically this comes in bursts instead of a steady flow; pauses and withdrawal are part of your process. The harmonic gate, Gate 8, is the agent who carries a work out into the world, while Gate 1 is the artist. Together, the two stand for giving the collective a sense of direction in creative matters.



The Gate of Higher Knowledge *The Receptive*

● Mercury 2.1 · conscious

Gate 2 stands for the inner alignment that gives your life its direction. Receptivity is at its core. This alignment works in the background, without you consciously steering it. This gate is guided from within, not by thinking or intention. Often this shows up as an eye for paths that stay hidden from others, and as a sense of which path suits whom. Once a direction is recognized as right, the gate follows it with devotion, even if others go a different way. Things get difficult when you cling to the how instead of trusting your inner guidance. There is an image for its relationship with the harmonic Gate 14: the driver in Gate 2 may know the route, but only the key from Gate 14 starts the motor.

7 The Gate of the Role of the Self *The Army*

● Earth 7.2 · unconscious

● South Node 7.4 · unconscious

Who gives others direction? Gate 7 stands for this kind of leadership. It is the role you take on in your dealings with other people. You have it from the start and play it without noticing; it doesn't follow any ideal of the role you would like to have. The line shows what kind of leadership it is. It rests on logic: only what has already proven itself counts as reliable. The leadership of this gate acts on behalf of a community rather than for the sake of power, and it seeks to win people over rather than push them. It gets difficult when trends and the moods of the crowd pull you along instead of you staying with your own truth. Together with its harmonic gate, Gate 31, this gate forms a pair: Gate 31 gives leadership its voice and influence, while Gate 7 often gives it direction and a role. In this way, Gate 7 can become the power behind the throne.

10 The Gate of the Behavior of the Self *Conduct*

● Mars 10.6 · unconscious

Gate 10 is about the behavior of the self, meaning how you move through life and express yourself along the way. It is one of the gates of love: your behavior carries the conviction of loving life and being alive, and that includes loving yourself. The gate aims at being fully yourself. That means arriving at who you are without bending out of shape, and without constantly asking what others think. Your behavior can shape how other people behave. Things get difficult when you give yourself up for other people's expectations and conditioning; then your natural trust in yourself suffers. Other ways this polarity shows up are self-rejection, circling around yourself as if no one else existed, and the feeling of being at the mercy of circumstances.

13 The Gate of the Listeners *Fellowship with People*

● Sun 13.2 · unconscious

● North Node 13.4 · unconscious

In your chart, this gate is part of the defined Channel [13–33](#); what the channel means is explained in the Channels section.

Listening is the theme of Gate 13. Part of this theme is that others confide their experiences in you, sometimes even things they would otherwise keep to themselves. What you hear, you store as memory. This is where a cycle of experience comes to a close and its knowledge comes together; the gate is a keeper of secrets, and the stories stay with you. In this view, your listening can help others find their direction as they look back on what they have lived through. Over time, plain pity can grow into real

empathy, and the responses that come from it can become more fitting. It gets hard when other people's stories wear you out. You don't have to listen to everything; you are allowed to turn away what weighs on you, to be unreachable for a while, and to listen to yourself first. This gate is the role of openness and shapes how you open yourself to others.

15 The Gate of Extremes *Modesty*

● Jupiter 15.4 · unconscious

Gate 15 stands for a life of extremes: sometimes a lot and sometimes a little, sometimes long sleep and sometimes short, sometimes eating early and sometimes late. Here this counts as fitting rather than as a shortcoming, and it can make you adaptable. As one of the love gates, it directs its love toward humanity. The gate stands for a magnetic effect on others; it is associated with people from very different walks of life coming together around you. In everyday life, this shows up as modesty, fairness and a nonjudgmental attitude that lets people be who they are. You need a lot of freedom and feel uncomfortable where others exert control. Bitter experiences can weaken your love for people; at the same time, the gate stands for keeping your faith in the good and opening up again. Its harmonic gate, Gate 5, holds on to fixed patterns; between two people, this can lead to tension.

25 The Gate of the Spiritual Attitude of the Self *Innocence (The Unexpected)*

● Venus 25.1 · conscious

An unaffected attitude toward life that holds up even in hard times: that is innocence, the theme of Gate 25. As one of the four gates of love, it stands for an all-embracing love without conditions or distinctions. People often mistake it for coolness, even though it isn't cool. With this gate, you are seen as vulnerable; in this view, life puts you to the test again and again. Innocence shows up as a deep trust that life will carry you, along with sincerity and an unintended, childlike way of expressing yourself. The hard part is that others take this innocence for naivety and can take advantage of it. After you have come through a challenge, there is also a need for rest, and that need shouldn't be played down. The harmonic gate, Gate 51, tests innocence through competition and shock.

Heart (Ego) OPEN

Your Heart Center is open. None of its gates are activated in your chart. This center gives you nothing you would have to prove. Your willpower isn't steady, and the urge to measure yourself against others is seen as an imprint from outside.

A completely open Heart Center can swing between feeling very important and feeling that you aren't enough. It responds to the promise of gaining worth through groups or status.

In the Not-Self, you're quick to want to prove yourself, to gain power or get your way, and you struggle with comparing yourself to others. Making unnecessary promises is typical, and you keep them even when you no longer stand behind them. The question underneath is what else you have to prove so that others will recognize your worth. The teaching's answer: worth can't be earned through achievement.

BODY AND WELL-BEING IN THE TEACHING

In the teaching, the Heart Center is linked to the heart, the stomach and the gallbladder. Individual gates of this center are also associated with the heart muscle and the thymus gland. These are images from the teaching, not a medical finding.

Well-being prompt: For one week, notice how effort and rest are spread across your days.

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No gate is activated in this center in your chart.



Solar Plexus UNDEFINED

Your Solar Plexus is undefined but has at least one activated gate. You take in other people's feelings and can amplify them until they feel like your own. On your own, you often feel calmer; around others, their waves can become more noticeable. Other people's feelings sometimes stay with you longer, since you have no wave of your own to wash them away.



The path here is to stop mistaking other people's feelings for your own, to stand like an onlooker on the shore, and to move to a different room when you need to.

Under pressure, you want to be as nice as possible, you sidestep conflict, and you look away where an insight might hurt. The question underneath is whether what gets said will upset someone, and whether you will still be liked afterward. What you push down can suddenly break out with real force.

BODY AND WELL-BEING IN THE TEACHING

In the teaching, the Solar Plexus is linked with the pancreas, the kidneys, the lungs and the nervous system. The teaching sometimes also calls the Solar Plexus the “belly brain.”

Well-being prompt: For one week, pay attention to where in your body you first notice a feeling, for example in your belly, in your breath or as tension.

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ACTIVATED GATES IN THIS CENTER

These gates are single activations, known in the teaching as hanging gates. Their theme is present, though not as steady as it would be in a defined center. When another person or a transit brings the partner gate, the channel can feel defined for that stretch of time.

Because this center is a motor, this also means that these gates do not supply energy that is always available.

37 The Gate of Friendship *The Clan*

● Mars 37.4 · conscious

Gate 37 is about friendship, family and community, which means supporting others, taking them in and giving them a sense of belonging. In return, this gate expects loyalty and promises that are kept. Friendship here thrives on an exchange that is meant to give something to both sides. Many of the experiences of this gate revolve around broken promises and loyalty that has been let down. Touch is considered its central sense, and sharing a meal with people you trust has a special place. The gate strives for harmony and for a home where others are welcome, and it stands for fostering peace, cooperation and mutual respect. This also includes chosen family, a tendency to make a

home in many places, and a tendency toward long, close bonds. Together with its harmonic gate, Gate 40, this gate describes an exchange: Gate 37 offers belonging, care and loyalty, and in return Gate 40 puts its will to work for the community.

Sacral UNDEFINED

Your Sacral Center is undefined, but it has at least one activated gate. You don't have consistent stamina. In this teaching, working in bursts or as part of a team is seen as a better fit for you than sustained output. If you try to keep pace with the Generators around you, it can wear down your own strength over time.

Your Sacral picks up the energy of people near you who have a defined Sacral and reflects it back, including in sexuality. It's wise to notice when you're going along with that energy and when you step away from it. Taking breaks well before tiredness sets in is considered helpful here.

In the Not-Self, you can overextend yourself, push past your limits and miss the point where it's enough. This often comes from thoughts like: I have to say yes or I'll miss out on something, or I have to keep working because it can be done. It can also include putting on a show of having unlimited energy.



BODY AND WELL-BEING IN THE TEACHING

In the teaching, the Sacral Center is linked to the reproductive organs, the ovaries and the testes. In this context, it represents life force in the broadest sense, as well as stamina, sexuality and fertility.

Well-being prompt: For one week, notice how much energy you still have in the evening and how you recover afterward.

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This center is also undefined in your chart: the gates below are individual activations, and their themes do not act consistently.

Because this center is a motor, this also means that these gates do not supply energy that is always available.

59 The Gate of Sexuality *The Dissolution*

● Moon 59.1 · conscious

Gate 59 is about intimacy and the desire for close bonds with others. This gate clears away the barriers between people so that connection becomes possible. Its closeness and fertility reach beyond romantic relationships and extend into work and shared projects. The energy works through your presence, without you meaning it to: it draws people in, and at times it confuses them too. With some people, your presence can also trigger rejection before they even know you. This describes an effect rather than a verdict on you. The energy is also closely tied to feelings: it looks for deep closeness and kindred souls, even in your work and your creative life. It helps to use your Strategy and Authority to check which encounters you truly want.

Spleen UNDEFINED

Your Spleen is undefined but has at least one activated gate. You mirror other people's fears and can amplify them. It helps to look at them more closely and figure out where they come from. At the same time, you can clearly pick up on how others are feeling and what they fear. In the teaching, the gift lies in telling these impressions apart from your own needs.

Around people with a defined Spleen, you often feel especially safe and come to trust them quickly.

In the Not-Self, you can hold on for a long time to things that aren't good for you, such as relationships, jobs or habits. People you feel close to can then easily talk you into something that doesn't serve you. The question to watch is whether something truly fits according to your Strategy and Authority, or whether you just don't want to lose their company.



BODY AND WELL-BEING IN THE TEACHING

In the Human Design teaching, the Spleen is considered the center of the body's intelligence. It is associated with the immune system, with the defenses that work in the background, and with a quiet sense of what is good and life-sustaining in the moment.

Well-being prompt: For one week, pay attention to small, quick signals from your body, such as a brief hesitation before meeting up with someone or a sudden sense of ease in a particular place. Note when they came up and what happened afterward.

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ACTIVATED GATES IN THIS CENTER

This center is also undefined in your chart: the gates below are individual activations, and their themes do not act consistently.

44 The Gate of Alertness *Coming to Meet*

● Earth 44.6 · conscious

Alertness to patterns is part of Gate 44. An instinct picks up on whatever links the present situation to something experienced before. It rests on a memory that works in the moment. You can't call it up at will; it switches on when something touches a familiar pattern. This sense can turn toward trends, talents and opportunities, for example in business, and toward the question of who you could work well with. Behavior patterns that keep repeating in other people can also catch your eye early. The gate carries a fear of the past. If you fear that old things will come back, that fear can tie up so much of your attention that the present gets shortchanged. You can use this sense in an advisory role without stepping into every situation you notice. The harmonic Gate 26 turns this sense into something you can pass on to others, and this connection is considered entrepreneurial.

Root UNDEFINED

Your Root is undefined but has at least one activated gate. The stress and pressure to act that the Root stands for come to you from outside. On your own, you are often relaxed and at ease; it is deadlines, expectations and other people's stress that throw you off course.



Your gift lies in looking at pressure instead of giving in to it right away. How you make decisions is a matter for your Strategy and Authority.

When you are under tension, you can easily end up with your foot on the gas all the time: everything should get done quickly and right now, so the pressure goes away. This comes with thoughts like “I have to hurry” or “It needs to happen now.” A spiral forms: rushing costs energy and time, raises the material pressure, and that pressure tempts you to speed up even more. Decisions can then easily get made purely with safety in mind. Things mentioned as helpful include lists you write yourself and quiet time in nature.

BODY AND WELL-BEING IN THE TEACHING

In the teaching, the Root is linked to the adrenal glands, which produce adrenaline. At the same time, this center is seen as a source of drive and pressure.

Well-being prompt: For one week, notice when you feel pressure and when you don't, and how your drive feels in those moments.

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ACTIVATED GATES IN THIS CENTER

This center is also undefined in your chart: the gates below are individual activations, and their themes do not act consistently.

Because this center is a motor, this also means that these gates do not supply energy that is always available.

19 The Gate of Wanting *The Approach*

● North Node 19.5 · conscious

Being wanted and having a place in the community: this wish belongs to Gate 19. The gate stands for a fine sense of what people need. The need at stake here is mainly about access to the community. The gate is linked with a sensitivity to what others need. Separation and being left out run counter to this gate. With it, you want to bridge divides and bring people together, and a genuine need to withdraw is part of it as well. Belonging works on the principle of give and take: you contribute support, and you need the group's support in return. At the most basic level, this is about food and being provided for. Oversensitivity is a challenge, since it can throw you off balance. It can become a burden when you put other people's needs above your own.

38 The Gate of the Fighter *The Opposition*

● Neptune 38.6 · conscious

● Neptune 38.5 · unconscious

Taking on challenges and sticking with them stubbornly: this drive is called fighting spirit, and it belongs to Gate 38. It pushes you to take on challenges and to struggle with a great deal of determination. At its core, this is about meaning, about making sure your life has worth, and this struggle is a deeply personal matter. Stubbornness is part of it, a force that wants to stand firm even against great adversity. With this gate, you fight hardest for causes that truly mean something, and allies who face the same challenges can help. You readily question authorities and rules, and you push back against being shaped by others. Other people may avoid you or see you as an outsider, and your struggle often goes misunderstood. It gets difficult when you fight on principle: then you come across as combative and unwilling to compromise.

52 The Gate of Inactivity and Rest *Keeping Still, the Mountain*

● Jupiter 52.4 · conscious

Gate 52 is about keeping still: instead of acting right away, you gather energy and hold it. This stillness holds a strength that comes from within. Rest can give you a better overview: it becomes easier to see when action is called for and when a pause is. The gate stands for calm in the middle of excitement and pressure, and it can remind you that this, too, will pass. Without focus, the stillness can turn into tension and restlessness; if you then act impatiently and at the wrong time, you lose strength and can end up frustrated. To others, the stillness can seem unsociable, and it leads into a withdrawal that serves your concentration. At times the gate comes across as immovable and stubborn; what counts is the clarity of your contribution. When its harmonic gate, Gate 9, is added, the stillness becomes concentration: the gathered strength focuses on one thing, and the gate holds back until it is clear what the right thing is.

54 The Gate of the Ambitious One *The Marrying Maiden*

● Mercury 54.5 · unconscious

● Saturn 54.5 · unconscious

Gate 54 is about ambition and drive, the wish to climb higher step by step. This rise explicitly includes your career and professional success as well. It has a worldly side and a spiritual side: you can strive for material and social success, and just as much for spiritual growth. Your ambition works through relationships; in this view, the way up runs through your connections with others. Part of this is the urge to use opportunities for contacts and alliances and to seize whatever helps you move forward. Things get

difficult with blind ambition that overwhelms you and hardly lets you rest, or when a lot of effort goes unrewarded and Bitterness sets in. It helps to notice what is really driving you, to allow yourself breaks, and to follow your Strategy and Authority. With this gate, it often does you good when your work is seen and appreciated. If the harmonic gate, Gate 32, is also present, your will to rise turns into a drive for transformation.

58

The Gate of Joy in Life *The Joyous, the Lake*

● Uranus 58.6 · conscious

● Uranus 58.5 · unconscious

Gate 58 brings vitality and joy in life, a strong appetite for simply being alive. At the same time, it is the drive to make life better. This joy can be contagious: it resembles a happy baby's delight, which sweeps other people along with it. When the harmonic Gate 18 is also present, this zest for life turns into dissatisfaction with the present. Your attention shifts to what could be better, and criticism comes as a by-product. This criticism is easily misunderstood and is often unwelcome in private life; it is useful mainly for the wider public, for example in safety inspections. The vitality is a force that attacks social and moral conditioning in order to improve it. Things get difficult when you let yourself get carried away by your own enthusiasm. Joy and ideas for improvement land when someone wants them and they fit that person; what counts here is Strategy, Authority and the right moment.



11

IN CLOSING

Where to Go from Here

If you like, read this report again in a few weeks. You may read some sections differently then. It's also fine if a description simply doesn't fit you. Your lived, everyday life counts for more than the chart and this text, and what you observe in yourself carries more weight than these descriptions.

If you take away only one thing, let it be the way you make decisions. And if something doesn't feel like you at all, that is an answer too.



12

REFERENCE

Your Lines in Detail

Every gate has six lines, and each line colors the gate's theme in its own way. Here you'll find every line that is activated in your chart, along with the planets that sit there.

For almost every line, Human Design describes two expressions, an exalted one and a weakened one. These are two ways the same line can show up, not grades: the weakened expression describes a different, often more effortful path, not a mistake on your part. Which one is fixed for you depends on a particular planet. This report counts that planet only when it sits in the line itself; in that case the line is fixed, and below it you'll see which planet causes this. A broader reading also counts the planet when it sits elsewhere in the same gate or in the gate at the other end of a channel; those cases are left out here. An assignment like this is not a judgment of your character; take the description as a question to put to your own experience. Where there is no such note, this report fixes neither expression; transits and other people can bring out one side at one time and the other side at another.

This part is meant for looking things up. You don't need to read it from beginning to end.

44.6 ≡ Aloofness

Earth (conscious)

Distance and aloofness can protect you. They can also tip over into arrogance. In its exalted expression, your sense for patterns protects your instinctive well-being and gives your own withdrawal a steady footing. Once a renewal has succeeded, criticism from those left behind simply bounces off. In its weakened expression, distance can prop up the ego through intolerance and arrogance, at the expense of your connection with others.

In your chart, this line is assigned to the weakened expression, because your Earth (conscious) is here.

52.4 ≡ Self-Discipline

Jupiter (conscious)

How well do you manage restraint? It ranges from mature self-discipline to doubt and restlessness the moment restraint is called for. In its exalted expression, you know the value of stillness and concentration, and you turn away spontaneous temptations with mature self-discipline. In its weakened expression, you see that deliberate control is needed, yet your natural urge to expand plants doubt and restlessness as soon as restraint is asked of you.

In your chart, this line is assigned to the weakened expression, because your Jupiter (conscious) is here.

61.5 ≡ Influence

Saturn (conscious)

Knowledge gains influence over others, either as recognized wisdom or as forced allegiance. In its exalted expression, the drive to know can condense into recognized wisdom. With a clear voice, much like an enlightened father figure, this wisdom speaks to an entire generation. In its weakened expression, you demand agreement from a position of power and resent any objection, so that your own influence stays intact.

In your chart, this line is assigned to the exalted expression, because your Saturn (conscious) is here.

13.2 ≡ Narrow-Mindedness

Sun (unconscious)

This line describes the tendency to accept community only among the like-minded, whether by origin, faith, nation or education. In its exalted expression, this narrowness shows up in its mildest form as tolerance that leaves room for openness. In its weakened expression, the rigid belief that high ideals are not meant for everyone can even justify hostility, and hardly anyone seems worth listening to.

In your chart, this line is assigned to the weakened expression, because your Sun (unconscious) is here.

61.1 Hidden Knowledge

Venus (unconscious)

You seek knowledge about the mysteries of existence. This can strengthen a sense for universal principles or lead you away from everyday life. In its exalted expression, an innate sense with a slightly psychic tinge pushes you to explore these mysteries along esoteric paths, and in the process it firms up principles that hold true for everyone. In its weakened expression, trust in secret knowledge draws you into ascetic withdrawal, until the pull toward what is hidden can crowd out everyday reality.

In your chart, this line is assigned to the weakened expression, because your Venus (unconscious) is here.

15.4 The Wallflower

Jupiter (unconscious)

Here, modesty serves as a shield that keeps shortcomings out of sight. In its exalted expression, the modesty is genuine, whether or not it hides weaknesses, and the self notices when it falls out of the flow. In its weakened expression, extremes keep the self off course, and modesty works only as thin cover that in the end no longer hides anything.

In your chart, this line is assigned to the exalted expression, because your Jupiter (unconscious) is here.

All other lines

24.6 The Gift Horse

Sun (conscious)

The risk here is that an opportunity goes unheard even though it presents itself. In its exalted expression, consciously engaging in the thinking process keeps the mind alert, so opportunities are easier to recognize because your attention stays with clear thinking. In its weakened expression, a deep and often unfounded mistrust clouds your view, and opportunities that come your way can slip by unused.

59.1 ≡ Anticipating

Moon (conscious)

Dealing early with obstacles to a connection takes determination. This line wavers between acting and hesitating over how and when. In its exalted expression, the obstacles to a connection can be cleared with strength and a clear sense of direction before they become insurmountable. This takes your full creative power. In its weakened expression, you see the hurdles but falter over how and when. That kind of uncertainty can also dampen your creative potential.

19.5 ≡ Renunciation

North Node (conscious)

Here, your own potential is limited for the sake of a larger goal. In its exalted expression, the energy feeds the self-limitation this line rests on and softens your own sensitivity. In its weakened expression, the renunciation can come across as arrogant and can dull your finer feelings. Here, self-limitation is the core of the line rather than a shortcoming.

33.5 ≡ The Right Timing

South Node (conscious)

This line is about timing: do you keep your intentions to yourself until the right moment comes, or do you give them away too early? In its exalted expression, part of this is voicing your plans only when the moment is right. In its weakened expression, confusion quickly arises as soon as others have a say in the timing or find out too early.

2.1 ≡ Intuition

Mercury (conscious)

This line stands for a fine sense of where something is falling out of balance or coming apart. In its exalted expression, this kind of knowing shows up as a sense of aesthetics, whether inborn or developed over time. In its weakened expression, the ego's drive to act drowns out the quieter inner wisdom, and this sense gets less of a chance to come through.

25.1 ≡ Selflessness

Venus (conscious)

This line describes acting without any hidden motive. In its exalted expression, your actions come across as universally valid, and in the traditional view they are seen as guided by a clairvoyant attunement that is its own reward. In its weakened expression, the selflessness feels a need to be seen, and in difficult times this can reveal an insecurity of the self.

37.4 ≡ Leading by Example

Mars (conscious)

Here, any member of a community can lead through their own example. In its exalted expression, you become a role model in your relationships by living by high principles in everyday life. In its weakened expression, a conservative attitude recognizes only traditional authority, such as the father, and fails to see other role models.

58.6 ≡ Getting Carried Away

Uranus (conscious)

How far do you let stimulation carry you away? Either you stay independent, or you lose yourself. In its exalted expression, your own identity stays intact even while you fully enjoy outside stimulation, because a practical instinct pulls back as soon as your independence is at risk. In its weakened expression, the natural longing for harmony can go so far that you become absorbed in the stimulation and put your own identity at risk.

38.6 ≡ Misunderstanding

Neptune (conscious)

Here the conflict comes from a misunderstanding. Two sides face off because a wrong interpretation is in play. In its exalted expression, you hold out against the headwind for a long time until the misunderstanding clears up on its own. In its weakened expression, you dig in on your position, and it is easy to lay the blame for the long-recognized misunderstanding on the other side alone.

1.4 ≡ Aloneness as the Medium of Creativity

Pluto (conscious)

Here, aloneness is seen as the space where creativity matures, and the tension of the inner light is part of it. In its exalted expression, your own view of things can take shape undisturbed. In its weakened expression, the wish to have an effect on others pulls the process out of the stillness, and the inspiration loses strength.

7.2 ≡ The Democrat

Earth (unconscious)

This line is about leadership that serves the will of the majority. In its exalted expression, the self leads after being elected, guided by rules that are widely accepted. Together with Gate 31, this leadership can bring deep change to society. In its weakened expression, an elitist mindset takes hold after the election, with the self placing itself above the very people who voted for it.

8.4 ≡ Respect

Moon (unconscious)

This line stands for honoring other people's contributions as a matter of course, especially the contributions of those who lead by example. In its exalted expression, an unwavering drive to take in what is new joins with the wish to contribute yourself and to be a role model. In its weakened expression, the group grows beyond its limits, the worth of the individual can no longer be measured by the mind alone, and your own contribution is no longer bound by those limits.

13.4 The Limit of Strength

North Node (unconscious)

This line describes the point where you are too tired to keep fighting. In its exalted expression, openness can wear you out and awaken a longing for quiet, yet a ceasefire can bring renewal and, in the end, fresh strength. In its weakened expression, emotional exhaustion, giving in and withdrawal show up, because here openness leaves you vulnerable.

7.4 The Abdicator

South Node (unconscious)

This line is about being willing to let the judgment of the people or the law in force be the ruler. In its exalted expression, the self can accept the judgment of others with grace and foresight, and step back when doing so serves the whole. In its weakened expression, the judgment of others is not accepted, and letting go of power is hard.

54.5 Generosity

Mercury (unconscious) · Saturn (unconscious)

This line shows how a position of power relates to those who are less fortunate. Here there is only the exalted side and no weakened one, so the picture it paints is one-sided. In its exalted expression, natural authority and drive coming from a position of power can support genuine, fruitful relationships with those less fortunate, as long as the roles are clearly defined and no sense of entitlement grows out of the relationship.

10.6 The Role Model

Mars (unconscious)

Here, norms are embodied through deeds rather than words. In its exalted expression, the self remains an example through consistent action, one that reminds others of the foundations of sound conduct. In its weakened expression, behavior amounts to words alone, with no action following them. Here, the impact comes from what is done rather than from what is said.

58.5 ■ Self-Protection

Uranus (unconscious)

How do you protect yourself from tempting stimulation? Through instinctive caution, or by going boldly toward questionable excitement? In its exalted expression, a practical instinct keeps you protected even when the stimulation is tempting. In its weakened expression, you boldly seek out questionable stimulation instead of protecting yourself, trusting that your strength of character will keep you from getting hooked.

38.5 ■ Alienation

Neptune (unconscious)

This line describes a phase in which you stand alone with your resistance. There is no backing, and yet a great deal depends on your own stance. In its exalted expression, ambition and inner focus are enough to keep you pressing on doggedly, even without support. In its weakened expression, the solitude feels like a tight cage, and stubbornness keeps you from seeing that help could be on its way.

1.5 ■ The Energy to Attract Society

Pluto (unconscious)

This line describes how creative work draws people in. What makes the difference is whether endurance or eccentricity sets the tone. In its exalted expression, an enduring self-confidence carries you through the entire creative process. In its weakened expression, an eccentric manner comes across as fascinating, but it costs drive and staying power. This shows why the power to attract is not enough on its own.



13

GLOSSARY

Key Terms at a Glance

Bodygraph (chart): The image of your chart, with nine centers, the channels between them and the gates within them. It is calculated from your date, time and place of birth.

Type: One of five basic ways of dealing with energy: Manifestor, Generator, Manifesting Generator, Projector or Reflector.

Strategy: The way your Type, according to the teaching, approaches decisions. Generators respond, Manifestors inform, Projectors wait for invitations, and Reflectors wait a lunar cycle.

Inner Authority: The place in your chart that tips the balance when you make decisions, such as the emotional wave, the gut voice, the Spleen, the will of the Heart, or the G Center's sense of your own direction. Reflectors have none; for them, the lunar cycle helps. Projectors whose Definition lies only in the Head, Ajna and Throat have none either; for them, "Authority" means their way of reaching a decision through conversations, time and the right place.

Defined center: A center that is filled in with color. It works the same way for you, no matter who you are with.

Undefined center: A center that is not colored in the image but has at least one activated gate. It takes in the energy of others and amplifies it.

Open center: A center with no color and no activated gate at all. Here, too, the center takes in the energy of others and amplifies it.

Gate: One of the 64 positions in the bodygraph. Each gate stands for a theme of its own.

Line: Every gate has six lines. Each one colors the gate's theme in its own way.

Channel: The connection between two centers. It is defined when both gates at its ends are activated.

Definition and split: Definition describes whether your defined centers form one connected area. With a split, there are two or more separate areas.

Profile: Two numbers, such as 1/3. The first line works on the conscious level, the second on the unconscious level. Together they show how you live your theme.

Incarnation Cross (life theme): Four gates where the Sun and Earth sit in your Personality and your Design. It is seen as a short summary of your life theme, not as destiny.

Personality (conscious) and Design (unconscious): Your Personality comes from the moment of your birth, and you are usually aware of it. Your Design comes from a point just under three months earlier and works more unconsciously.

Signature and Not-Self: According to the teaching, the Signature is the feeling that comes from living by Strategy and Authority: Satisfaction, Peace, Success or Surprise. The Not-Self stands for its counterpart: Frustration, Anger, Bitterness or Disappointment.

Exaltation and weakening: The teaching assigns many lines one planet for the exalted expression and one for the weakened expression. These are two ways a line can show up, not a verdict on good or bad.

Activation: A gate is activated when, at either of the two points in time, the Sun, the Earth, the Moon, a lunar node or a planet was in it.

APPENDIX

Your 26 activations

PLANET	DESIGN unconscious	PERSONALITY conscious
Sun	13.2	24.6
Earth	7.2	44.6
Moon	8.4	59.1
North Node	13.4	19.5
South Node	7.4	33.5
Mercury	54.5	2.1
Venus	61.1	25.1
Mars	10.6	37.4
Jupiter	15.4	52.4
Saturn	54.5	61.5
Uranus	58.5	58.6
Neptune	38.5	38.6
Pluto	1.5	1.4

How we calculated this

Birth

May 3, 1990, 11:06 AM local time (Europe/Berlin, UTC+2), equal to May 3, 1990, 9:06 AM UTC

Design moment

February 3, 1990, 7:38 PM local time: the Sun stood 88° before its position at birth.

Ephemeris

Swiss Ephemeris 2.10.03 (files sepl_18 and semo_18). Our automated tests compare the Sun, Moon, and eight planets at 150 points in time between 1920 and 2029 against JPL Horizons (NASA): the deviation is under one arcsecond in every case.

Lunar nodes

True node

Time zones

IANA time zone database, version 2026e

Birth time check

Chart recalculated for every minute from -15 to +15 minutes

Calculation engine

astrela-engine 0.3.0

Texts

Our own texts. Hexagram names: our English rendering of the names in Richard Wilhelm's German "I Ging" (1924).

Place data

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